

Lhasa Everest Base Camp Trip



Introduction

Tibet tour includes Everest Base Camp trek is 9 days fly in and drive out package tour. Lhasa Everest base camp trip is a popular and adventure tour in the world as its visitors cross the mighty Himalayas and view the panorama of the world's highest peaks. The tour starts with an hour scenic flight to Lhasa from Kathmandu. Upon arrival at the Lhasa Airport the historic city of Tibet, you will meet our Tibetan local tour guide and he will transfer to hotel and assist for entire trip. During the drive to hotel, you will enjoy with blue sky and impressive glimpses of many monasteries. After reached to hotel being refreshed and stay at hotel as a acclimatization day then spend a couple of days in Lhasa, appreciating its prominent historical and religious sites like the breathtaking Potala Palace, divine Jokhang Temple, as well as explore to Drepung and Sera monasteries. On 4th day, the journey begins towards Himalayan region, on the way we will explore the holy Yamdrok Lake, beautiful Karo la glaciers, Jokhang Temple, Barkhor market, Sera and Drepung monastery. Further, we will drive from Tingri to Ronbuk through the beautiful Tibetan countryside. In Ronbuk we get a chance to visit the highest monastery in the world. From Runbuk is around 4 km walking distance to Everest Base Camp. There is chance to hire horse for visit to Everest base camp. After explore EBC, we return to Runbuk for overnight. Further, we will drive to Nyalam enjoying the extraordinary view of Mt. Xishapagma & Mt. Cho Oyo. The last day of the trip drive from Nyalam to Kathmandu watching all the panoramic view of Nepalese countryside.

Trip Facts

Trip Duration	9 Days
Trip Grade:	Strenuous

Best Season	Sep/Oct & Mar to May
Elevation	4980
Accommodation	Lodge / Guest House
Transportation	Flight /Jeep /Bus

Cost Includes

- Transfer by private Jeep/ Van or Mini Coach as per group size
- Required Travel permit & visa to Tibet
- Accommodation on twin sharing room include breakfast
- English speaking local Tibetan tour guide
- All sightseeing as per itinerary
- All necessary entrance fees for the monuments
- Transfer to airport for final departure

Itinerary Details

1. Kathmandu (1,300m) – Lhasa (3,650m)

Fly Trans – Himalayan flight to Tibet (Gonggar airport) (1hr.) Drive to Lhasa (1hr.) – Full rest for a acclimatization. Overnight at Hotel on bed and breakfast basis.

2. Sightseeing in Lhasa city

After breakfast, visit Potala Palace PM: visit Jokhang Temple & Barkhor Bazaar, Overnight at Hotel on bed and breakfast basis.

3. Lhasa to Gyantse (3,950m); 261km

Breakfast at hotel then drive to Gyantse via Yamadroke Lake and high passes Kora LA (5,010m) & Kamba La (4,794m) pass. Overnight at Hotel on bed and breakfast basis.

4. Gyantse to Xigatse (3,900m): 90km

After breakfast, visit to Pholkor & Kumbum Monasteries then in the afternoon scenic drive to Xigatse(1.5hrs) through the typical Tibetan. Overnight at Hotel on bed and breakfast basis

5. Xigatse to Tingri (4,100m): 270km

Explore Panchen Lama's Tashilhumpu Monastery and then drive to Tingri crossing over Gyatshula (5,200m) pass. Overnight at Hotel on bed and breakfast basis.

6. Tingri – Ronbuk (4,980m): Aprox 90km

After breakfast, explore Ronbuk Monastery situated highest elevation the world, then scenic drive to Ronbuk through the beautiful Tibetan countryside. Overnight at Guesthouse on bed and

breakfast basis.

7. Ronbuk to Everest Base camp back to Nyalam (3700m) 315km

After breakfast, proceed to walk to the Everest base camp (if you want you can horse), explore around base camp, and walk down to Ronbuk. Further drive to Nyalam via Tingri by over-crossing the high pass of Lalung La (5,050m) from where one can enjoy the magnificent view of the Mt. Xishapagma (8,212m) & Mt. Cho Oyu (8,201m) and have overnight at Nyalam or continue journey to Zhangmu through the winding mountainous road with hundreds of waterfalls. Overnight at Guesthouse/ hotel on bed and breakfast basis

8. Nyalam/Zhangmu to Kathmandu

Breakfast at hotel then drive to Kodari (Friendship Bridge) border, After necessary immigration formalities in the Nepal – Tibet border, continue scenic drive to Kathmandu through the riverbank, green lush and beautiful countryside. Overnight at Guesthouse on bed and breakfast basis.